

# NORDONIA HILLS SENIOR CENTER

WEDNESDAY 10:00 - 3:00  
Sponsored by the Nordonia Hills Area  
At Epiphany Lutheran Church - 10503 Valley View Rd  
330-468-3081

AUGUST  
2013  
NEWSLETTER

 **The COOLEST Place in Town** 

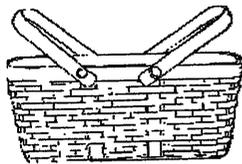
## AUGUST 7

**CARDS, GAMES, PUZZLES, ONGOING ALL DAY**

10:00 - Exercise Class at the Senior Center

11:00 - Picnic lunch at Sagamore Park  
(weather permitting)

1:00 - BINGO at the park!



## PICNIC INFO AUG. 7

The Senior Center will be open all day but lunch will be served only at the park. If the temperature is 90 degrees we will stay at the Senior Center.

*BINGO cards are \$1.00 for 2 cards for all the games.*

## AUGUST 14

**CARDS, GAMES, PUZZLES, ONGOING ALL DAY**

10:00 - Exercise Class

11:30 - Dr. James Krystosik - Why Do So Many Tummies Ache?

*Listen to Dr. Krystosik every Sat. on WHKW.AM Radio from 10:30 to 11:30!*

12:30 - Lunch and surprise dessert

1:00 - Line Dancing

## AUGUST 21

**CARDS, GAMES, PUZZLES, ONGOING ALL DAY**

10:00 - Exercise Class

11:00 - Rory and Maria from ComForCare- Veteran Benefits and Home Care

12:00 - Lunch is served!

1:00 - BINGO

## AUGUST 28

**CARDS, GAMES, PUZZLES, ONGOING ALL DAY**

10:00 - Exercise Class

11:00 - Getting to Know You

12:00 - Lunch and Ice Cream Social

**SUPER COMMUNITY DOOR PRIZES AFTER LUNCH!**

1:00 - **LIVE MUSIC** - Back by popular demand, Diane Seman will play melodies and a sing-a-long!!

## THANK YOU TO OUR PAST SPEAKERS

Cindy Walker - Seniors Helping Seniors

Bill Braning - Comedian

Sharon Thayer Honroth - S+S Benefits

Island Jeff and his kettle drums

Kim Morrow - Western Southern

**LUNCH FEE \$3.00 PER PERSON**