

# NORDONIA HILLS SENIOR CENTER

WEDNESDAY 10:00 - 3:00

Sponsored by the Nordonia Hills Area  
At Epiphany Church - 10503 Valley View Rd

APRIL  
2013  
NEWSLETTER

✧ *Join the Spring Fling!* ✧

## APRIL 3

**10:00** - Exercise Class

**11:00** - Sharon Snow from the Northfield Skilled  
Nursing and Rehabilitation Center

**12:00 Lunch** - Pizza and Birthday Cake

**1:00 - Live Music** - Tom Todd (one man band)

Also, door prizes!

## APRIL 10

**10:00** - Exercise Class

**11:00** - Tony Zabiegala from Strategic Wealth  
Partners will present Retirement Investment  
Strategies

**12:00 Lunch** - Catered (must sign up!)

**1:00** - cards, games, line dancing

## APRIL 17

**10:00** - Exercise Class

**11:00** - Mary Ferfolio from Ferfolio  
Funeral Home will speak

**12:00 Lunch** - will be provided

**1:00** - BINGO

## APRIL 24

**10:00** - Exercise Class

**11:00** - Cheryl Bath from OWLS  
(Older, Wiser, Life Services) will  
present *Aging in Place*

**12:00 Lunch** - will be provided

**1:00** - cards, games, line dancing

## CONGRATULATIONS NORDONIA HILLS SR. CENTER

The Senior Center survey results were very positive. Everyone answered yes to the questions.

The members indicated they enjoyed the line dancing, exercise class, speakers, bingo, cards, lunch and socializing.

## THANK YOU TO OUR PAST SPEAKERS

**Jackie Mitchell** - Elmcroft Assisted Living

**Larry Stout** - Larmco, Safe Step Walk-In Tubs

**Marlene Barucky** - sign language and crafts

**Eric Marotta** - The News Leader

**Tonya Gardella** - Nordonia Library

**Chief David Hayes** - Sagamore Hills Police Dept.